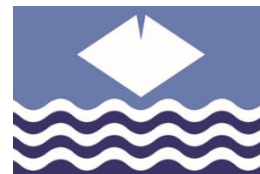




ORKNEY 2025



Isle of Wight Swim Training and Consideration Times

Womens Consideration time	Womens Training squad	Events	Mens Consideration time	Mens Training Squad
27.14	29.04	50 Free	24.22	25.91
1.00.35	1.04.57	100 Free	52.82	56.52
2.11.37	2.20.56	200 Free	1.57.30	2.05.51
4.35.61	4.54.90	400 Free	4.10.30	4.27.82
9.30.80	10.10.79	800 Free	8.49.36	9.26.42
17.58.57	19.24.86	1500 Free	17.09.10	18.12.74
30.98	33.15	50 Back	28.15	30.12
1.06.91	1.11.59	100 Back	1.00.27	1.04.49
2.25.65	2.35.84	200 Back	2.12.79	2.22.09
34.96	37.41	50 Breast	30.86	33.02
1.15.80	1.21.11	100 Breast	1.08.32	1.13.10
2.45.47	2.57.05	200 Breast	2.32.33	2.42.99
30.29	32.41	50 Fly	25.85	27.66
1.08.10	1.12.87	100 Fly	57.48	1.01.50
2.28.26	2.38.64	200 Fly	2.14.26	2.23.66
1.08.16	1.12.93	100 I.M	59.06	1.03.19
2.27.46	2.37.78	200 I.M	2.11.94	2.21.18
5.12.46	5.34.33	400 I.M	4.50.04	5.10.34

The above times are all short course, long course conversions will be considered

Times must be achieved from 1st Jan 2024 – 12th Jan 2025 at a licensed meet. The times must be included in the rankings published by Swim England (not masters). Time trials in any form will not be accepted. To be considered for Island Games Training Squad and final team selection, a criteria including minimum training hours will apply. Further information is available through Seaclose website

Any selection made for the International Island Games is proposed to the Isle of Wight Island Games Association who have the right of veto for any athlete in accordance with their selection disqualification policy.